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SEEDLING

KIDS AGE®

CHILDREN'S NATIONAL NEWSPAPER EST. 2006

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INSIDE

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Small Fish in the Water











Why They Are Important

- Small fish are food for bigger fish, dolphins, and birds.
- They help keep the water clean by eating tiny plants and insects.
- They show us if the water is healthy — if small fish are happy, the water is safe.

Small fish may look little, but they play a big role in the water world. They keep rivers and oceans alive and help other animals survive.



READ ONLY

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Counting is a **brain workout** for **preschoolers**, **enhancing memory**, **attention**, and **problem-solving**. As they **count**, kids learn to **focus** and **remember sequences**.

Subject: Mathematics
Skill focus: Hand-eye co-ordination, Counting

Count My Fingers

Trace each number and count aloud.

Let's Count Together!

0 1 2 3 4 5 6 7 8 9 10





Subject: English
Skill focus: Observation

MATCH THE BEGINNING SOUND

Draw lines to match the pictures and their beginning sounds.

U F L B K P

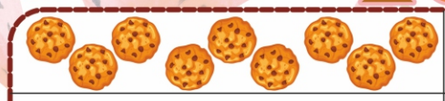
SPECIMEN COPY



Subject: Mathematics
Skill focus: Counting

Food Count

Count the food items and circle the correct number.

	3	6	9
	1	5	7
	6	10	9
	10	11	12
	10	9	7
	4	3	5
	4	1	5
	7	6	5
	5	9	8
	3	5	1





Subject: English
Skill focus: Reading

Read the poem and circle the sight words.

I See A Bug

I	see	bug	is	on	
in	can	the	look	run	hop

I See a Bug

I see a bug.
The bug is on the rug.
The bug is red.
The bug can hop.
The bug can run.
The bug goes in the cup.
I look in the cup.
The bug hops out!
I like the bug.

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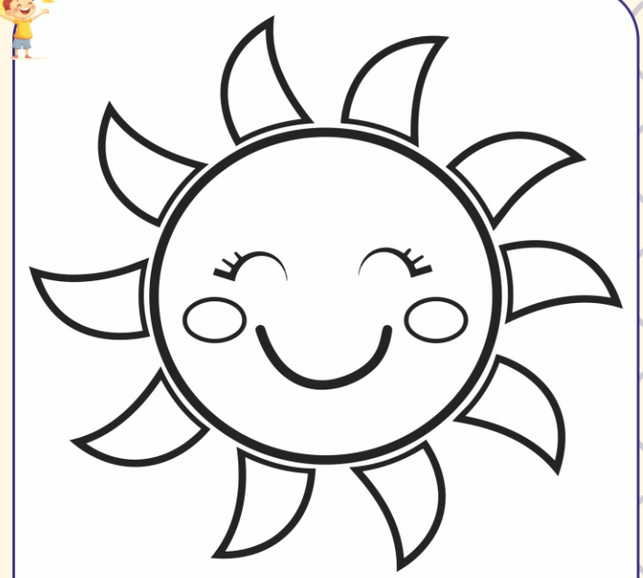
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Keeping pets is an easy way of **teaching responsibility** to **kids.**

Skill focus: Fine motor skills

My Sunshine

Use the following colours to colour the picture.







Subject: English
Skill focus: Vocabulary



SAMPLE COPY

Pup, infant, calf, cub, kitten, owlet, kit, foal, kid, colt, piglet, and duckling, are all names of baby animals and birds.

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Skill focus: Classification

ANIMAL KINGDOM

Circle the wild animals and tick (✓) the domestic ones.


Rhinoceros


Monkey


Panda


Hippopotamus


Zebra


Goat


Wolf


Lion


Cow


Camel


Elephant


Pig


Tiger


Horse


Dog


Deer


Hen

Subject: English
Skill focus: Reading

A FOX Family

Read the story and circle the answer to the question.



The mother fox and her babies were in their cave. The kits played. Mother fox watched them. The kits were growing so big! Their fur was thicker now.

What are the kits?

A



B



C





PREVIEW COPY



Elephants and **Giraffes** are known to **sleep** for the **fewest hours** , just **2 to 4 hours/day**.

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Found only in **Australia**, **Koalas** mainly live in the **eucalyptus trees** and spend around **18-22 hours** of their time **sleeping** (90%).



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Different Sleeping Habits of Animals

Wild Animals

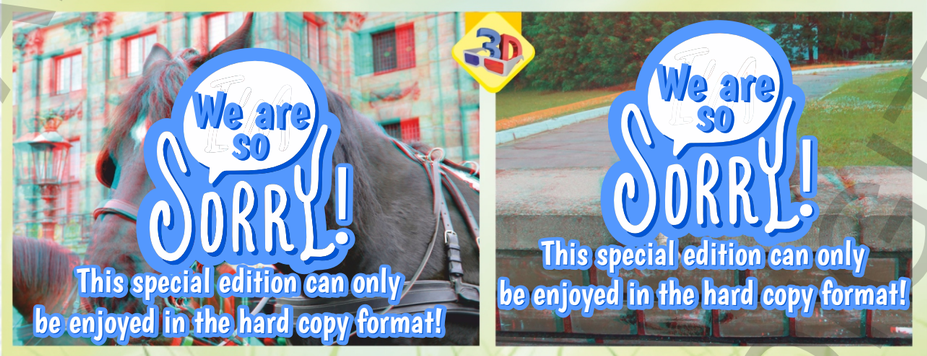
- **Lions** can sleep or rest for up to 20 hours a day.
- **Deer** rest while staying alert and can quickly run away if they sense danger.
- **Elephants** sleep only a few hours, sometimes standing, sometimes lying down.
- **Bears** are long sleepers — they hibernate in caves during winter until spring comes.



Domestic Animals

- **Dogs** nap many times a day. Puppies sleep the most because while growing they require a lot of rest.
- **Cats** are night sleepers and rest up to 16 hours a day in cosy spots.
- **Horses** and **cows** sleep standing on their legs — their legs lock, so they don't fall.







Birds

- Most birds sleep at night — they perch on branches and tuck their heads under their wings.
- **Owls** are day sleepers (nocturnal) — they rest in the day and hunt at night.
- Some birds, like **swifts**, can sleep while flying.
- Certain birds are half-brain sleepers — one side of their brain rests while the other stays awake.



Half-brain Sleepers

Marine mammals like seals are half-brain sleepers. One half of their brain sleeps while the other half stays awake. This lets them breathe, watch for predators, and stay afloat



Reptiles

- **Snakes** often coil up while resting.
- **Turtles** sleep retreating inside their shells for safety.
- **Crocodiles** rest with eyes half open to stay alert.



Conclusion

Animals sleep in many amazing ways — some at night, some in the day, some standing, some upside down, and some even with half their brain awake. Sleep keeps them safe, strong, and ready for a new day, just like it helps children grow.

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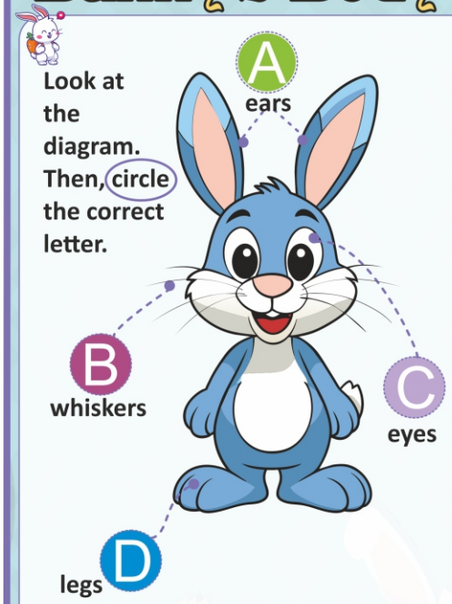


The **Antelope Jackrabbit** is often called the **fastest rabbit**, reaching over **70 km/h (about 43-45 mph)** in the **desert**.

Skill focus: Observation

Bunny's Body

Look at the diagram. Then, circle the correct letter.



A rabbit's ____ help it jump far.

A B C D

A rabbit's ____ help it hear many sounds.

A B C D

A rabbit's ____ help it see all around.

A B C D

A rabbit's ____ help it feel it's way in dark tunnels.

A B C D

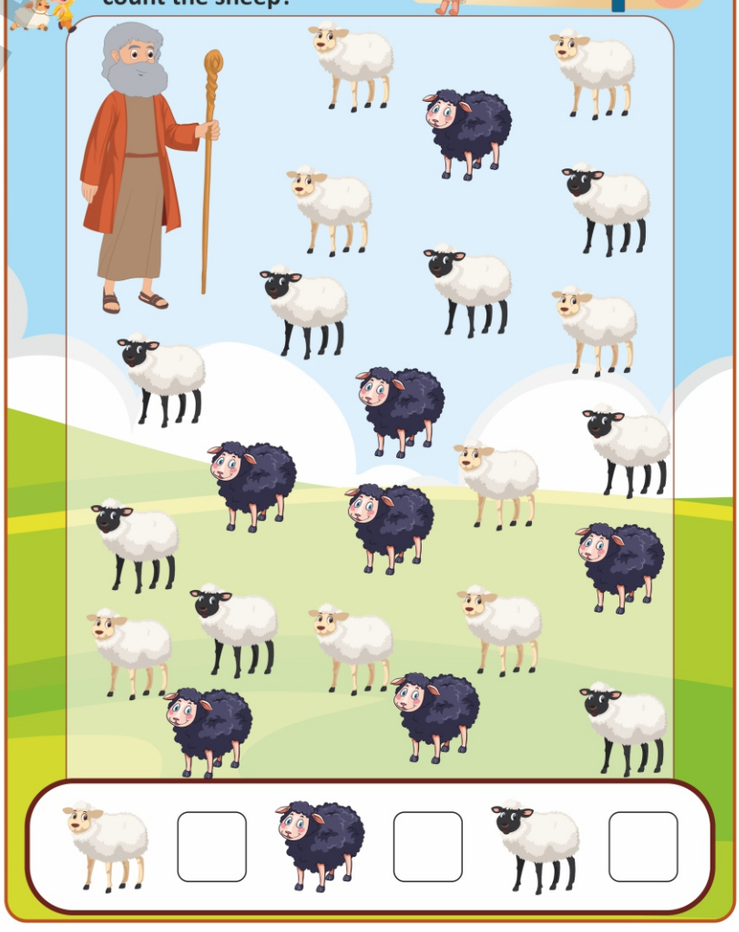




Subject: Mathematics
Skill focus: Counting

Count The Sheep

Can you help the shepherd count the sheep?



FREE DIGITAL COPY

Children cooking and working with dough build strong hand muscles, spark creativity, and learn basic math.

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Learning Through DOUGH

Materials Needed:

- 2 cups flour
- 1 cup water
- 1 tablespoon oil
- A pinch of salt
- A big mixing bowl
- Spoon or hands for mixing

Safety & Fun Tips

- Always wash hands before and after.
- Let adults handle the baking process.
- Keep the activity short and joyful.

Steps:

1. **Flour Snow!**
   - Pour flour into the bowl.
2. **Magic Water!**
   - Add water slowly.
3. **Mix, Mix, Mix!**
   - Stir with a spoon or hands.
4. **Add Oil Drop!**
   - Put in a tablespoon of oil.
5. **Sprinkle Salt!**
   - Add a tiny pinch of salt.
6. **Knead the Dough!**
   - Press and fold with your hands.
7. **Make a Ball!**
   - Roll the dough into a round ball.
8. **Ready to Play or Bake!**
   - Use the dough for pretend play (like clay), or with an adult's help, bake simple shapes.





Quick Recipes with a Ready Loaf

"Slice Loaf M



Note: Adult supervision is required when using knives, hot pans, toasters or ovens.

1. Garlic Cheese Loaf

- Slice the loaf halfway through (not all the way).
- Spread garlic butter and sprinkle cheese into the cuts.
- Bake until the cheese melts.

2. Veggie Sandwich Loaf

- Cut thick slices.
- Layer cucumber, tomato, and cheese.
- Toast lightly until crisp.

3. Sweet Honey Loaf

- Warm slices in a pan.
- Drizzle with honey and sprinkle cinnamon.
- Serve with milk or tea.

4. Pizza Loaf

- Spread pizza sauce on slices.
- Add cheese, corn, capsicum, olives etc.
- Bake until golden and the cheese melts.

5. Fruit & Nut Loaf Dessert

- Toast the slices.
- Top with yogurt, fruits, and chopped nuts.
- A healthy snack for kids is ready.

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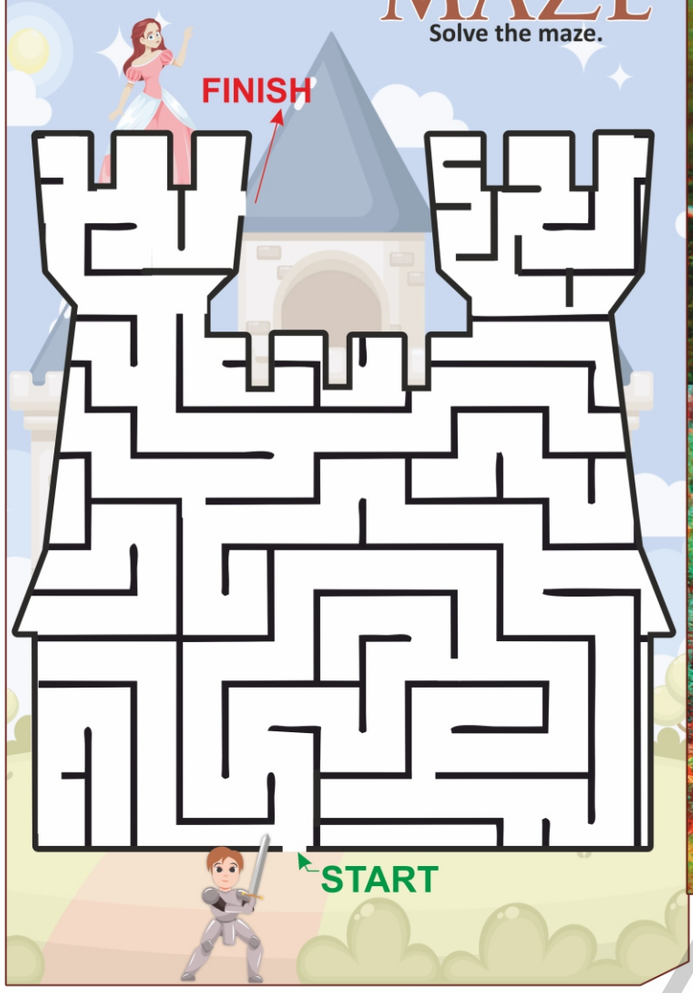
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The **oldest castle** in the world is the **Citadel of Aleppo**, **Syria**, fortified in **3000 BCE**.

Skill focus: Problem solving

CASTLE MAZE

Solve the maze.





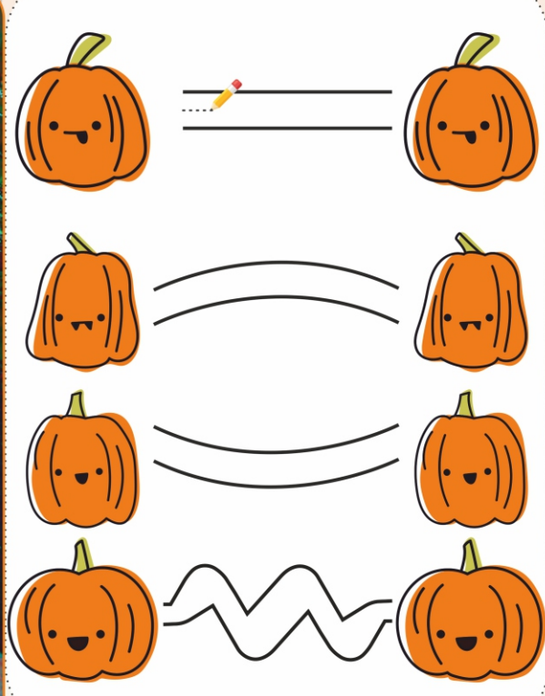
Skill focus: Hand-Eye coordination

Fill in the missing numbers.



Trace the Pumpkin

Draw a path from one pumpkin to the other.





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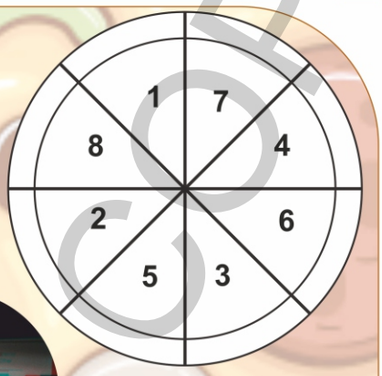
Modern pizza evolved from **flatbread dishes** similar to **focaccia** in **Naples**, **Italy**, between the **16th** and **mid-18th century**.



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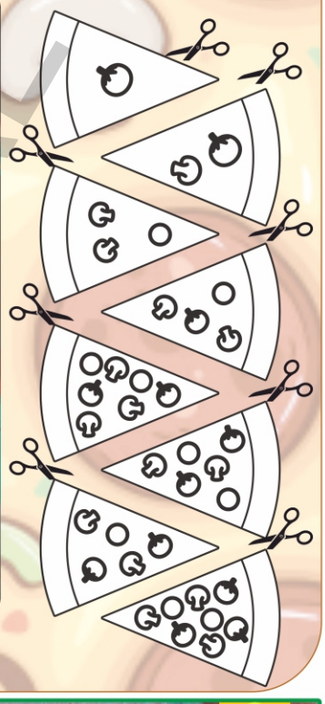
PIZZA

Colour the pizza slices with your favourite colours. Then, cut and paste them by matching the topping to the numbers on the pizza base.



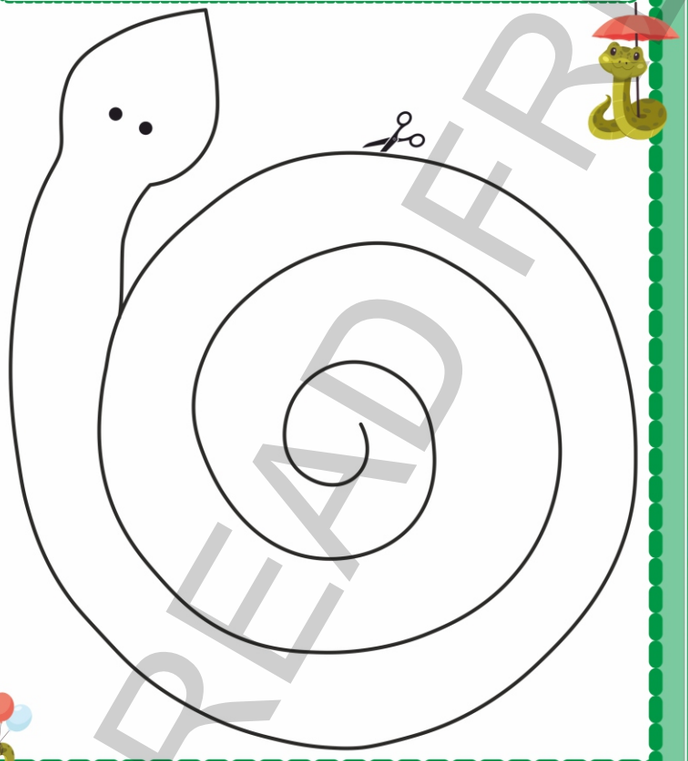


We are so SORRY!
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Snake Spiral

Some snakes have stripes, and some have spots. Colour the snake below with your favourite colours, then cut along the spiral for a bouncy snake toy!





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A long time ago, people in **Ireland** **carved faces** into **turnips** and **potatoes** to ward off **evil spirits**. When **Irish immigrants** came to **America**, they discovered **pumpkins** were perfect for **carving**.



Dear Subscriber,

Students and parents must email birthday photographs to entries@kidsage.in two months before the month of the birthday. You are also made aware that photo publishing is done on a first-come, first-served basis; photo accommodation may be denied in various circumstances. We do not accept bulk birthday photos. We accept this viewpoint because we want kids to improve their communication skills through one-to-one interaction.

PUMPKIN PATCH ART



KIDS AGE OCTOBER 2026 CONTEST



Assured PRIZE For all the subscriber PARTICIPANTS!



You can send us your entries via post.

The last date for submitting your entry is 20th November.

The most creative entries will be featured on facebook.

*Terms and conditions apply

Do mention your name, standard, school name, address and contact information (phone number and e-mail address) to receive the assured prize.

Put on your creative hats and create your very own Pumpkin Patch using fingerprint art! Use an A4 sheet and art materials of your choice to decorate your pumpkin patch and bring it to life. Winners will receive exciting prizes!



Send your physical entries at the given address and win amazing goodies.

Rules:

- Submissions must be primarily in English.
- The participants should be in Pre-primary, i.e. of Class Nur., Jr. KG, and Sr. KG.
- Only individual participation is allowed.
- It is a time-bound competition, and students should submit their finished work by the dates directed by KIDS AGE.
- Entries will be disqualified if they do not adhere to the theme.
- All information should be neat and complete, along with the contest's name in BLOCK LETTERS. Incomplete information will not be accepted.
- All prizes and rewards are non-transferable and non-encashable.
- The final decision on the selection of winners would be of KIDS AGE.

WINNER NOTIFICATION:
Winners will be notified within one month after the determination date.

PRIZE DISTRIBUTION:
KIDS AGE is not liable for any lost or stolen entries or prizes.

PARTICIPANT'S DETAILS:
Any false information provided within the context of the contest by any participant concerning the identity, mailing address, telephone number, etc., may result in the immediate elimination of the participant from the contest.

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Send your queries, activities and answers to the above-mentioned address or mail us at info@kidsage.in.

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